Montana Medical Growers Association 1st Annual Symposium featuring Irvin Rosenfeld

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Oct/Nov 2010

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### Greetings

#### Welcome back faithful readers!

MMGA Symposium held Oct 11-

the event with the Montana Medical Growers Association. Be sure to lot, and it was done very professionally and responsibly. I couldn't be prouder to help put on such a great educational event.

done by Donald P Tashkin. Dr. Tashkin was paid by the Federal government to conduct a study to prove that smoking cannabis caused lung cancer. After a ten year study, what he actually found was that issue. smoking cannabis did not cause lung cancer. In fact, it may work to help prevent it!

I cannot stress how valuable smoking is as a form of dosing for medical cannabis. It is a more measured dose, based on patient immediate need. A nausea patient can have a couple puffs, see if those helped and if so, stop. If not - a couple more puffs, until the nausea goes away. When someone has a compromised digestive tract it is almost impossible to keep pills down when nauseous, or enduring chemotherapy. Smoking avoids the entire issue.

Seizure patients many times have an "aura" - or something to warn them of an oncoming seizure. Smoking allows them to stop a seizure before it starts immediately diverting a series of painful repercussions typically experienced post-seize. If they have to take a pill and wait for the effect, they could have multiple seizures. Smoking is actually a more exact way of dosing with medical cannabis as the patient can stop when effect is felt, rather than being trapped by chemicals until they decide to leave your body. They can choose to what level of relief they need to get to, dependant upon how they feel.

Also in this issue, I am proud to present Patients Out of Time - a

#### ~ Pictured on Cover ~ Back left to right:

Ron Rosenthal ~ Brandon Tillett Ed Docter ~ Chris Lindsey Robert Sims ~ Grant Grenfell Mark Sigler ~ Jim Gingery Hiedi Handford ~ Irvin Rosenfeld group I personally consider to be the Mother of Medical Cannabis. You will find their introduction on our pages in this issue written by Mary Lynne Mathre. We will have a feature story from Patients Out of Time in every issue to help educate Montanans about Medical cannabis and it's benefits. We will also attempt to stay up on the most current science. I say attempt because there is a LOT going on out there!

In addition to adding Patients Out of Time as a regular feature we will also be hearing from Irvin Rosenfeld in every issue. Irvin brings a I am excited to report, the unique perspective. Being a Federal Cannabis patient for 28 years and fighting for Medical Cannabis for almost 40 years of his life gives him 14, 2010, was a great success! We some experience to bring to our fight. It also brings a lot of credibility, put together a great educational as folks are regularly stunned to learn they have been paying for seminar in just over three weeks Medical Cannabis Federally for 33 years we can document. Yes - if and had Federal Patient #2 Irvin you pay Federal taxes, you have been buying Medical Cannabis. Irvin Rosenfeld as our guest speaker. and the other 3 remaining Federal patients are very grateful for it too. Montana Connect co-sponsored It has saved and changed their lives.

Speaking about changing lives, we want to know how Medical read the follow up story this issue. It was a great time, folks learned a Cannabis has changed yours! We are always looking for patient success stories, and your feedback. It is important that we share our experiences and further our education in this wonderful world of A lot of folks out there who object to Medical Cannabis, and even Medical Cannabis. Please e-mail me at hiedi@mtconnectmagazine. some proponents, do not know about the study regarding smoking com call me at 406-594-7932 or write to me at: Montana Connect PO Box 432 Lincoln, MT 59639-0432.

I truly look forward to hearing from you - and I hope you enjoy this

Walk Proud Warriors! Hiedi

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## Ready to cash in on the "Green Rush"?

#### by Chris Lindsay

#### It isn't as easy as many believe

I have the chance to meet with lots of people who want to break into the caregiver industry in Montana. Some are from Montana, and others are from out-of-state. Misperceptions about the income potential and the law are everywhere. If you are thinking about entering this arena, here are some things you might want to know:

#### Its Criminal Activity

Running a caregiver business is an inherently risky thing to do. What you may call farming, the Federal Government considers criminal manufacture of a dangerous drug. http://www.projo.com/news/content/100 PLANTS 11-01-10 VBKFIIR v50.2079ea1. html. Sure, there is a somewhat helpful memo from the Eric Holder, the US Attorney General. It says that the Fed will not pursue medical cannabis endeavors that conform to state law - but what does that mean? It means the Fed has other things to do right now. Does it make you legal if you conform to state law? No. Will the memo get you anywhere in a federal court of law? It will not. What can you do about it? Well, if you are not in conformity with federal law, you should start voting and affecting change in government.

### You have to pay the people who work for you

If you "suffer a person to work for you", that is, if you permit or allow a person to work for you, state law says you have to pay them money. More specifically, you cannot pay your employees in medical cannabis in lieu of paying them money. You have to pay in legal tender, not legal tinder. Why? Well, it's this thing called the Minimum Wage Act. If McDonalds could pay its employees in free Big Macs, it most certainly would try. The fact is that payroll is the biggest expense at most businesses and no one likes paying it which is why there are rules for these things. Does it matter that these "Big Macs" we sell cost somewhere around \$300 per ounce? It does not. Why not? Because of number 3 in this list.

### The government wants your money, not your cannabis

A very long time before caregiving became an industry, the government figured out that it could make money by collecting taxes from employers. In Montana, medical cannabis growers and providers are no different. If you have employees, you have to pay them, and the government gets its cut in the form of payroll taxes. If you make an income, you also have income taxes to pay. It is a cliché but a true one that Al Capone didn't go to prison for killing people, but for evading taxes.

#### Worker's Compensation Insurance is not just a good idea

It is the law. And it's a good idea too. Why? If an employee is injured on the job and goes to the hospital, a claim will likely be made to the state for compensation. It is your insurance policy that pays for the medical bills. If the state finds out you did not have insurance, it will pay the bill out of a fund called the Uninsured Employer's Fund, and then the UEF will sue the living daylights out of you the employer - and so might the injured employee. It is a devastating set of lawsuits, and will crush a company caught in the crossfire. It doesn't take much for an injury to rack up a tremendous medical bill, and whether or not you as a caregiver ever made a dime at your business is irrelevant, because doctors and plaintiff's attorneys know there are millions of dollars just sitting in the UEF waiting to be taken. They will get everything they can out of the UEF, and leave it to others to fight over the scraps.

#### Crop insurance

Insurance plays its part in practically every industry. If the Sony plant is robbed, Sony doesn't send letters out to its base and hope customers don't leave while it ramps up production for three months. It files a claim for insurance in order to keep paying employees, rent, power, taxes and all its other commitments. Now that there is such a thing as a medical cannabis industry, there is also property insurance for such companies. Sooner or later, you will wish you had it. Whether its spider mites, theft or a cease and desist letter, unpredictable and devastating things can and do happen. Is the business resilient enough to withstand the loss of revenue?

### For most growers, one plant will not grow 1 pound of marijuana

Such projections are common among newbees, and respectfully, they are almost always wrong. Based on a recent survey by the MMGA, medical cannabis growers typically see a yield between 2 and 8 ounces. Most often, caregivers produce somewhere between 3 and 6 ounces per plant. Before you attempt to get a loan, hire staff and purchase equipment based on your revenue projections, do you actually know what you can produce? Nothing silences like experience.

#### You won't always like your business partners

It's been said that 50% of marriages end in divorce (see http://www.divorcerate.org). Now keep in mind these people like each other so much they are willing to sleep with one another, which is more than most of you can say about your business partners. Like in any marriage, there will be tough times at your business, and your organization needs to be resilient enough to withstand the disagreements when the honeymoon is over. Understanding what each of you brings, what you expect to get out of the deal, what your roles are, and when and how much you get paid is critical to keeping everyone happy during the hard times. Get an agreement while you all still agree. Once the divorce starts, it's too late to get the prenuptial.

Your employees will rob you

Employment and security experts often estimate that 25% to 40% of employees steal from their employer (see http://www. referenceforbusiness.com/small/Di-Eq/ Employee-Theft.html). In a small business, the number is likely higher because employees are more trusted, tasked with multiple duties and carry a great deal of responsibility, which translates to more of a sense of entitlement than in other jobs. That adds up to both the means and the will to steal from you and from your patients. How hard would it be for an employee to take some buds during a trimming session, or out of inventory? Or take a cutting from the veg room? In the early 90's it was estimated that 1 out of 5 businesses failed because of internal theft. In several cases I am aware of in which break-ins occurred, the criminals who stole from caregivers knew the exact timing required and the exact location of the goods sought. In fact, I am not aware of any break-ins that did not sound like inside jobs initiated by patients, employees or both.

#### Most people think you are rich

The perception is that caregivers are legal dope dealers and therefore they must be rich. Let's face it, most caregivers believe they will turn a profit after their first harvest. Few if any do. In my own experience, it is a nearly universal belief outside the industry

#### See GREEN RUSH on pg 11

## Medical Cannabis- Buy Local, Stay Local

#### by Madeleine Laurence

There's been a lot of economic attention to the idea of buying local over the last few years. The American landscape has been heavily altered by big-box stores such as Target and Wal-Mart and Shopko. Often, in smaller towns or more depressed areas, big-box retailers are hailed as a saving grace, something that can bind together a tiny community and even act as an engine for growth in that community.

Generally, it doesn't turn out that way. According to the Institute for Local Self-Reliance, when a Wal-Mart opens its doors in a new county, that community typically loses approximately 150 jobs as preexisting businesses downsize or close their doors completely. In addition, local retail wages drop by between 0.5 and 0.9 percent. It is often cheaper to shop at a big-box store, from the perspective of the individual pocket, but the hidden costs to the community add up fast.

Medical cannabis, by its very nature and also because of the strict prohibition on interstate commerce, is and can continue to be a fantastic weapon for local economic growth. Because of Montana state law and because of continued Federal prohibitions, Montana medical cannabis growers essentially cannot spend money out of state, but must remain in their local economy.

Recent studies, including one from the New Economics Foundation of London, strongly indicate that spending money at your neighbor's business instead of a big-box national chain gives your dollar about twice as much bang for its buck. Roughly speaking, if you buy a pack of gum for a dollar at Safeway, Safeway will spend about 16 cents of that dollar within the state and take the other 74 cents and hightail it for the



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border. On the other hand, if you spend that dollar at employee-owned Town and Country, T&C will recirculate approximately 32 cents on the dollar by spending it within the community on things like advertising, employees, and operational costs.

For example, CCofMT, a grower in Livingston, spent approximately eleven thousand dollars between January and August of this year. The majority of their operating expenses went to Dr. Greenthumbs, Ace Hardware, Kenyon Noble, and Murdoch's, which are all based in the state of Montana. According to the NEF, that means CCofMT has increased local dollar circulation by about \$3500 in the last eight months. One clear indication of this tangible benefit is Dr. Greenthumbs, which opened in October of '09 in Livingston and employs four people, in a town where at least a dozen local businesses have closed their doors in the last year.

Montana so far has been spared the worst recessionary woes the country has to offer; unemployment is up, certainly, but 7.4% is a far cry from Nevada's 14.4%. And so far Montana has managed to avoid a state budget deficit, although that is projected to change. According to the Center on Budget and Policy Priorities, Montana is projecting a shortfall of \$169 million for fiscal year 2012, or almost 10% of the current state budget. Compared to the state of California, which is currently searching under the couch cushions in hopes of finding an extra \$25 billion or so, Montana is in relatively

good shape. But generally speaking, if you look under the couch, two bucks is a good score, and as a state we should be focusing on creating new industries to generate revenue, rather than scrounging for change and putting off fixing the car.

Medical cannabis isn't the only economic solution to the global recession. That's a much larger problem, and so far all the long-winded books out there haven't seemed to put anybody back to work. But according to current research, the best way to have a healthy economy seems to be to think small, think local, and put your money in your neighbor's pocket instead of some stranger on a board that just decided to outsource your job to India.

As Montana moves forward, we as a state and as individuals must consider all of our alternatives to ensure that this state remains a beautiful, profitable place to live, to raise our children, to hike and ski and run our dogs. Medical cannabis can be an important part of this process, and medical growers and patients must take a central place in this blossoming industry, to advocate for proper access, regulation, and taxation. As growers and patients we have to be involved and vocal and passionate about educating our neighbors, vendors, and representatives about what we're doing and how it benefits the community as a whole. We know what we're doing is good for patients, good for growers, and good for the state. It's up to us to get the word out.



## **Medicinal Cannabis Success Stories**

#### My Trip to Montana

My name is Irvin Rosenfeld and I am the longest surviving of the four Federal Medical Cannabis patients in the United States. As such, I have traveled to many states helping in anyway I can to further the use of Medical Cannabis.

I get a lot of calls asking for my help, but because of my full time job as Senior Vice-President of Investments for Newbridge Securities in Ft. Lauderdale, Florida, I cannot always get the time to travel. My clients, both small and large like me to be at my office making them money, but they do understand when I do travel to help. To that end, the people need to be credible, upstanding, organized, and caring.

One day, I got an email from a woman named Hiedi Handford from Montana asking for my help and possibly coming out to Montana in October. My first thoughts were Montana in October most likely would be cold and I'm sure there are no good flights from South Florida. My intentions were to help out in whatever way I could from South Florida.

I called her and she was thrilled that I took the time to contact her. I always try to call anyone who contacts me. However, I was not going to Montana.

Hiedi and I had a great conversation. She asked intelligent questions and gave me all the right answers to my questions. She told me about a magazine that she had put together called Montana Connect and was going to send me a copy to see for myself how well Montana was organized. Hiedi told me about the Montana Medical Growers Association (MMGA) and what their purpose was. I was quite impressed, but I was not going to Montana.

Hiedi and I had several other conversations over the next couple days. Then her magazine arrived. I opened it up and thumbed thru it. Then I started reading the articles. I was quite impressed. She had done a first class job. That was when I started to worry about what was happening. I thought oh no, don't tell me that I might have to travel to Montana because these people are that good and they need my help. I knew that I could make a difference. However, Montana in October.

I called Hiedi to tell her what I thought of her publication. She again was very convincing about how much I was needed. I had other questions and she fired back the right answers. Damn her!!

I then told her that I was going to Portland, Oregon for the Norml conference in September. Hiedi told me that one of the directors of the Montana Medical Growers Association (MMGA) named Ed Docter was planning to be there. Aha, that will be my way out. I was sure that Ed would not be as together as Hiedi and I would not have the same feeling that I had to go to Montana to help out. I would find a way to stay in sunny and warm Florida and help.

I met Ed and damnit, he was knowledgeable, together, and was very caring for patients. He made it known how important it was for me to not only help, but that I needed to come to Montana to make the difference. That was when I knew that I was stuck. I just had to pack warm clothes.

> Now, what was my trip like? It was one of the best experiences that I've ever had in any state I have spoken. The people were all fantastic. I got to meet people from all over the state, from all walks of life. These people were patients who needed their medicine just as bad as I needed mine and thankfully because of their state law, they were not criminals but patients. I want to make sure that their status remains the

same. Cannabis is a medicine that has helped me for over 39 years (28 years under the Federal Program) and I want to make sure that it cannot be taken away from them.

If it wasn't for the persistence of Hiedi, I never would have come. I am glad that she was so convincing. To all my new friends, from Hiedi, Jim, Tom, Chris, Ed, Tayln, Ron, Grant, JimmieOne, Dani, Jason G, Josh, Archie, Kimme, Rich and Jason S, Monica, Brandon, Madelaine, Charlie, Kathleen, and so many more who I cannot possibly name. I remember you all, thank you for such a great experience and being such great hosts!

Hiedi knows that every Saturday, I teach mentally and physically challenged children and adults how to sail. So on Saturday morning, she arranged for her and me to go sailing with Laurie on Canyon Ferry Reservoir. Hiedi thought of everything, including the weather which was wonderful almost the whole time I was there.

To the people in Montana, all of you are very lucky to be in such a wonderful, progressive state. Cherish and protect your freedom. Don't let one or two people spoil it for the thousands of true patients.

~From your adopted Montanan, Be well, Irv

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## **Medical Cannabis in the Workplace**

#### By Danna Goldhaber

A major consideration for employers and patients alike is the issue of medicating prior to or during the workday. Opponents of medical cannabis in the workplace continue to debate its use as legitimate medicine backed by a great deal of misinformation. They question whether an employee's ability to perform their job is adversely affected by the use of medical cannabis? If that is the case, then what if every employee taking a prescribed or recommended medication were prohibited from holding a job, how many people would remain employed? This bears the question....what are Human Resource professionals doing to better understand this complicated issue?

In October 2010, The Bozeman Job Service and the Gallatin Valley Human Resources Association held a medical cannabis workshop to educate and inform attendees on "medicating issues in the workplace" including laws, employee advocacy, information concerning medicated employees and more. Attendees included about 50 Human Resource Professionals and small business owners from the area, all looking for some direction on how to handle medical cannabis in the workplace.

Jim Gingery, Executive Director of the Montana Medical Growers Association (MMGA), Chris Lindsey, a practicing attorney specializing in medical cannabis cases and an MMGA Board Member, and Dr. Noel Palmer of Montana Botanical Analysis represented the medical cannabis community. Presentations were also made by Jim Nys of Personnel Plus, a human resource consulting firm, Rick Gale, a Clean Indoor Air Coordinator from the Gallatin County Tobacco Use Prevention Program and Greg Sullivan, Bozeman City Attorney.

Jim Nys reviewed both Federal and State laws regarding employment, discrimination, medical protection for patients, issues relating to the Americans with Disabilities Act and the Montana Human Rights Act. He also spoke about the need for patient confidentiality and issues of wrongful termination regarding medical patients and cautioned the attendees to be watchful of patient rights while considering work place safety and individual work performance.

Greg Sullivan, who participated with Gingery and Lindsey in this past summer's Work Group sanctioned by the Children, Families, Health, and Human Services Interim Committee, addressed issues relating to medical cannabis in Montana. Supporting Nys' comments on how the medical cannabis industry has grown in the past 12 months, Sullivan agreed that changes were to be expected during the next legislative session. A main issue is where patients may consume their medical cannabis when outside of their homes. Sullivan commented regarding the Bozeman smoking ban and stated there had been no citations issued since its implementation, adding that the medical cannabis community had been extremely helpful in crafting and complying with the new City ordinance.

Rick Gale reviewed the 2005 Montana Clean Indoor Air Act which requires all enclosed public places and workplaces to be smoke free. Commenting on the issue on a personal note, Gale noted that the issue of medical cannabis required a different kind of thinking than when he served on the Drug Task Force in Los Angeles, breaking down doors with battering rams.

This was evident during an incident that occurred his first week on the job as the "Tar Czar" in Montana involved a medical cannabis facility where a complaint had been issued for odor. As he sat in the car waiting for the store front owner to arrive, he reflected how different things were now. He realized things had really changed when the owner invited him into the store front and offered to show him everything in the store and the proof that the store was compliant with state law. While there are still issues that need to be resolved, Gale said he was pleased with the direction things are going and acknowledged the awareness and cooperation of the medical cannabis community.

Jim Gingery, Executive Director of the MMGA, picked up on Gale's comment regarding the need to think of things differently. He started by stating that the medical cannabis industry is attempting to change the way everyone looks at the issue starting with no longer using "marijuana" but using "cannabis" instead. Marijuana is an old street name for illegal "cheap Mexican tobacco". Medical cannabis is very different from the common



"street" version as there is scientific proof for how the medicinal cannabis plant can help some patients. Advancements in biological testing of medical cannabis have assisted in the development of specific strains for the treatment of certain diseases and ailments.

Gingery stated that current testing methodologies used by many employers do not accurately measure if a patient is under the influence. Testing is flawed as it cannot determine if the patient medicated that morning or as much as 30 to 60 days prior to the administering of the test. Gingery cautioned that utilizing these tests could result in an employee being unfairly disciplined or terminated.

An article addressed to the group was shared about Irvin Rosenfeld, a federal patient who, for 28 years, has consumed medical cannabis every day for his medical condition. Mr. Rosenfeld is a Senior Vice President of Newbridge Securities and handles millions of dollars of holdings for his clients and smokes 10-12 cannabis cigarettes per day. This is a positive example that a patient can medicate with cannabis and be a productive employee.

Dr. Noel Palmer of Montana Botanical Analysis explained why patients using medical cannabis could likely perform even better following medicating depending upon their job requirements. Medicinal cannabis plants contain cannabinoids, such as THC and CBD, that each offer different attributes for treatment of some medical conditions. These cannabinoids interact with those naturally occurring in the body and offer relief to the patient. Palmer stated that many patients are now requesting cannabis strains that are lower in THC and higher in CBD to increase the therapeutic affect while decreasing the psychotropic affect.

The attendees were surprised to learn that each of them was born with natural receptors to the cannabinoids in the cannabis plant called endocannabinoids. One person asked, "Do we have marijuana already in our body?" Dr. Palmer went into more detail about the

#### See WORKPLACE on pg 11

ADVANCED HYDROPONICS OUR BUSINESS IS GROWING HYDRO SYSTEMS - LIGHTS - NUTRIENTS 406-755-8881 406-253-3078 IN AME SHOPY WAREHOUSE BEHIND TATIOD SHOP SOUTH SIDE OF BURTON'S APPLIANCE STORE FEATURING ADVANCED NUTRIENTS

## **One of Your Garden's Worst Nightmares**

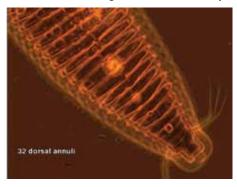
#### **Russet Hemp Mite**

There's a new pest in town and it may be lurking in your garden. This little known or studied mite is called Aculops Cannabicola. It is part of the hemp russet mite family and it will completely devastate your crop if it is present. The symptoms of this mite infesting your garden typically look like nutrient issues and its near microscopic size makes it nearly impossible to be seen with the naked eye. Studies are limited on this mite because research on this mite wouldn't have been financially feasible or government funded. There was not a cry out for help with this mite. In each case studied however, treatment options were grim at best.

Aculops Cannabicola is just one species of mite out of over 3600 (this number is estimated at being a fraction of what the researchers believe actually exist) that are currently known and recorded. Mites are NOT insects. Mites are closely related to ticks and spiders so they often react differently to insecticides or other means of chemical control typically used on insects. It is unknown how long A. Cannabicola eggs can lie dormant. Its life cycle runs about 30 days. It is highly mobile, and will quickly spread between plants that are

close to each other. They move up towards the top of dying plants where they can spread through air or water. A Cannabicola is cannabis specific, and will feed on all kinds of cannabis including European fiber. It will attack your garden by feeding on leaves, petioles (the small stalk attaching the leaf to the stem), meristems (these are tissues found in all plants consisting of undifferentiated cells - a plant version of stem cells), inflorescence (the reproductive portion of the plant) of bh sexes and on glandular trichomes, severely reducing resin production. They selectively feed on pistils, rendering your female flowers sterile.

So what do you look for? Symptoms in your plants will be an initial curling of the leaf



followed by russeting, or canoeing. Leaf stems become brittle and will easily break off followed by Chlyorosis (yellowing) and death.



How do you eradicate this mite? First of all, if you suspect you may have this mite, get a sample identified and verified. Once your plants are infested, it is

> only a matter of time before they completely devastate all aspects of your grow. They are found on seeds, clones, vegetative and flowering plants. There are no known biological or chemical controls for this pest at this time. Some researchers suggest

documenting strains that seem more resistant to this mite as the only method of control. Karl Hillig, a known cannabis researcher who was involved in the only known greenhouse infestation of Indiana University in 2003, explained he was never able to completely eliminate A. Cannabicola from his gravel floor greenhouse, even after destroying all plants and fumigating the structure.

Don't despair however, there are a few promising avenues being studied currently at our facility. We have been in touch with several top scientists in entomology and interested state departments and private researchers. We are trying to nail down a standard procedure for handling this mite which we believe is being spread across the states and could potentially have a devastating effect on the medical cannabis industry. With the increased acceptance of cannabis being used medically we as an industry are going to see an increase in the exposure to pestst and diseases. We need to communicate as growers with each other in order to protect our industry.

In future issues of Montana Connect we will continue to publish our findings and hopefully some statistics from other cases that are identified. We are all pioneers in a virgin industry and we will all face challenges never encountered here in the states, especially with changes that have come about with growing cannabis. For additional information please contact Montana Advanced Caregivers in Billings (406) 656-0026 or e-mail montanaadvancedcaregivers@ gmail.com.

Editors Note - Montana Advanced Caregivers was our Featured Caregivers in the August issue. Shortly after our visit to their garden they discovered this mite, and had to destroy their entire garden in the interest of protecting their clients from this mite. Montana Connect will continue to follow and feature Caregivers of this caliber in the interest of promoting safe medical cannabis for all patients.

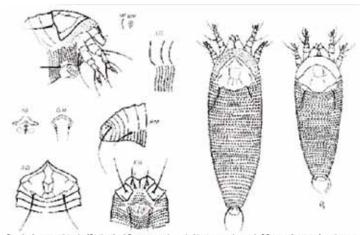


Fig. 1. A. connabicola (Forkos): AD: antero-dorsal; AL: antero-laterol; CG: coxal-genital region; em: empodium; GM: male genital region; IG: internal genitalia (female); LO: lateral opisthosoma; PM: postero-ventral; Fig. 2. D1: Dorsal view of nymph; D2- Dorsal view of larva, w- solenidion.

## Mold Prevention

#### By Randy Stewart

and is a necessary part of the well as leaks around doors environment. Mold breaks down dead organic materials, into the building envelope is a leaves, grass, wood, paper, potential for a water intrusion/ etc. into nutrients for the soil. mold problem. Insulation is key Like plants, molds need water to prevent moisture in warm and food, i.e. - dead organic matter. Unlike plants, mold needs oxygen to live. All of as ventilation is also important. these conditions are outside and Old stale air must be exhausted inside, except water. If you have to the outside, and fresh air a mold problem, you also have a must be brought in. If heat loss water/moisture problem. Since is a factor, there are "air to air Medical Marijuana and mold heat exchangers" available that both thrive in high humidity transfer heat from the outgoing this might be an issue. Whether air to the incoming air. If your you are building a personal grow room is built indoors, grow facility, or are a provider the building envelope and and are building a commercial insulation is not as critical, but facility, local building codes air circulation and ventilation must be followed. Properly is. For more information on installed plumbing will prevent indoor facilities, Grant's Home plumbing leaks. Roofs that Upgrades has built several.

leak do not meet code and are responsible for many Mold has been around forever, invasive mold problems, as and windows. Any penetration air from condensing on cooler surfaces. Air circulation as well

Since this is about molds. for educational purposes and not to create panic, toxic mold should be discussed. First there are multiple types of mold, and they only produce toxins at certain times, under certain conditions, and only affect certain individuals. However nobody knows who can be affected, and the symptoms are varied and can be very severe. Best advice: Prevent water leaks/ intrusion and moisture/ condensation and remove any dead plant matter in the grow room.

For the do-it-your-selfer that likes to go to the forest and gather your topsoil, be careful. There is no better topsoil

than what Mother Nature can provide from the forest floor, but the most destructive wooddecaying fungus known by experts today lives there. Poria (Meruliporia Incrassata) is known as the "house killer" mold. Poria differs from most molds in that it forms a root-like system called rhizomorphs, that bring water from damp or wet soil to the mold feasting on the dry wood inside the dead tree (or house). The roots use capillary action to transport the water to the dry wood. Even professional suppliers of topsoil and mulch have accidentally brought this mold in on property. Always exercise caution and cleanliness in your garden.







## Grow Room Safety



Hi! My name is Grant Grenfell and I'd like to discuss some of the options and issues of grow room safety that face those growing the good herb for themselves. The main topics that I will mention are: surveillance, alarm systems, fire protection, electrical, and ventilation.

Surveillance systems are great to have. To have the ability to see what's going on in or around your growing area without physically being there can give you peace of mind and possibly save you from a dangerous encounter. Some surveillance systems work off the internet to where you can view a live feed from whereever you may be; via computer, cell phone, or another similar device. Systems range greatly in features and price depending on your needs.

Alarm systems are good by themselves or used in conjunction with a surveillance system. A good properly installed alarm system will not only let you know, but any neighbors close by as well, that someone is somewhere that they don't belong with an annoying, loud piercing sound that is activated by motion sensors or window and door alarms. Some alarm system companies offer a complete package of surveillance systems and alarm systems that are all integrated. There are quite a few options to choose from so take your time and do your research.

Then there is good 'ol Fido. A good dog, with a loud bark has worked for a long time and is very cost effective. Plus you end up with a close friend in the end. Cats are pretty much useless in this area, unless you have a lion.....nobody messes with a lion.

Fire prevention is an issue of great importance. Everyone should have a way of putting out a fire in or around their growing facility should a fire happen. This can range from a fire extinguisher mounted in an easy to see and access area, to all out sprinkler systems. There are self-contained systems such as Flame Defender which are an effective and cost efficient solution that

I have recommended to many people. Once a fatality, but it has happened to people in the application. Part of fire prevention consists of out there such as General Distributing, and electrical cords off the ground so you don't to monitor the levels of carbon dioxide and use so that you don't overload outlets which risks to your plants and you. will (should) trip a breaker or could cause a done properly and up to code.

especially for those using mass carbon dioxide. Having proper ventilation for exhausting old can do to make yourself and your growing air and bringing in fresh air are critical not only area/facility safer for you and those around for your plants but also for you. Some people use high levels of carbon dioxide at night to kill take the steps necessary to properly, safely, unwanted pests without killing the plants. High and securely operate our businesses how can enough levels of carbon dioxide can also end we expect those around us to take us seriously, up killing your plants AND you. The carbon legitimately, and feel safe themselves? dioxide levels must be extremely high to cause

again do your research and get the proper type past in many different circumstances. Do not of extinguisher and flame retardant for your take any chances. There are many companies proper wiring and electrical usage. Keep wires Sentinel, C.A.P., etc. that manufacture devices trip over them or pull something down on top even turn on and off the flow of carbon dioxide of your plants or yourself. It's important to to the desired level. Knowing your levels of know how much power each of your devices carbon dioxide will help prevent any health

Ventilation also helps with mold issues. fire especially with old wiring and antiquated Getting rid of old air and replacing it with fresh fuse boxes being used. Try to keep water away air in a consistent manor along with oscillating from outlets. It is always recommended to fans to create air movement throughout your have a certified electrician inspect your wiring facility will keep certain types of mold from and breaker box to make certain everything is being able to grow. Of course temperature and humidity levels play an important part in mold Ventilation can also become a safety issue, control, but that is an entirely different subject.

> I hope this offers a little insight to what you you. If we as medical cannabis providers don't

## Department of Agriculture Recap

of things need to, and will be, worked on as They also explained who needs a license and Montana.

Chief and has worked with the department will oversee the inspections of grow rooms. since 2003. Her main responsibilities are been with the Department for the last 3 years. for pests and diseases. Her main responsibilities are the health of the across the state line.

if it has an EPA registration number on the show up. labeling. Products that are labeled 25b are, in the words of the Department of Agriculture, better but still not technically allowed. Best

As the moderator of the Department of management practices are all the industry has to Agriculture breakout, I would have to say a lot work with when it comes to pests and diseases.

the industry continues to evolve in the state of how licensing revolves around the level of sales for an individual business. Further information The representatives from the Department on this may be obtained by visiting http://agr. of Agriculture were very informative. Amy mt.gov/crops/nursery.asp. The Department is Bamber is the Technical Services Bureau also in the development phase of a division that

They were also forth coming by stating registering pesticides, application licensing that the Montana State University is already and enforcement compliance. Beth Eiring is positioned itself to do research on cannabis and the Nursery Quantitative Specialist and has the applications necessary to treating the plants

The breakout was also highlighted by a nursery stock in the State. She also oversees detailed discussion on the hemp mite. The plant material moving around the State and Department of Agriculture currently has very little information on this mite but explained They both presented the facts; mainly that no in general terms the processes they use to pesticides/fungicides can be used on cannabis quarantine nurseries if a bug like this were to

> Charlie Gaillard Director Bozeman Chapter

#### Green Rush Contnued from Page 4

that caregivers are getting wealthy, and within the industry caregivers still feel like they are struggling to turn a profit. Why the disparity? Because of number 10 in this list.

#### Its more expensive to be a caregiver than you think

How expensive can it be to grow a weed? It turns out, very expensive. One of the largest caregivers in the state operates on the assumption that it takes about \$1500 per patient in startup costs, and approximately \$250 to \$300 on a monthly basis, once payroll, basement grow op are added up. If that is true, and if you charge \$300 per ounce, that means you need to produce and sell 5 ounces to that world is more labor of love than a get-richpatient before you can recoup your initial costs, and at least 1 ounce per month just to treated "like any other business" means taxes, meet your monthly expenses to maintain the regulations, and includes the additional risk grow for that person.

#### You will be treated like a second-class citizen

money; they won't loan you any money, and them at all. State law enforcement assumes you are selling out the back door, and this is all a big front for something illegal. Lawyers

#### Workplace **Continued from Page 7**

endocannabinoid system in the human body enterprise. which explains why cannabis is such as significant treatment option for some patients.

While medicating in the workplace remains an unresolved issue for most employers, the consensus is that Human Resource professionals should focus on the individual job performances of all of their employees.

The best "medicine" for medical cannabis patients is to meet the standards of performance for their jobs and follow the same guidelines as any other employee.

Danna Goldhaber is the co-owner of Town Center Media Marketing and Research, Ennis MT. Questions, comments, and suggestions can be directed to Danni at towncentermedia@ verizon.net.

percentages for sales. Landlords jack up rates because, like everyone else outside the industry, they think you are rich - or you will he

#### There may not be an industry after the next legislative session

There are groups that want medical cannabis gone from the state. Others want to tax it directly (in addition to payroll and income tax), or institute restrictions on the number of patients you can serve, where you can go, who can grow, how much you can have, and they also want to make it harder for patients to get registered with the state. There are few certainties out there right now, and many in the industry are operating on the assumption that taxes, insurance, power, rent and all the other the voters (and by extension, the politicians) expenses that aren't typically found in a will see the sense in forging a set of regulations to allow the industry to continue.

Sound daunting? Caregiving in today's quick scheme. It is expensive and being that the Federal government will decide not to look the other way any longer.

That said, there clearly is an industry out Banks are suspicious that you are laundering there and it is clearly growing (no pun intended). According to figures produced by they may not want you to have an account with the Department of Public Health and Human services, there are 23,613 patients out there in Montana, and 73% of them are being served by caregivers who have 5 or more patients - those (often) have no idea how to advise you and I would typically consider commercial. What may not want to advise you at all. Most credit the future holds in store will depend on the card companies want to charge you outrageous governments that affect those in the industry. Governments have a great many tools with which to exert control, and we have essentially one: the power to vote and participate in government. Use that power and make it count - for your own sake and for the sake of your

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UF4A.org is quickly becoming a leading advocate in the fight for nationwide investigation, research and analysis of the legalization of Medical Marijuana, in accordance with similar terms & conditions set forth by The California Compassionate Use Act. Contributions will directly help support the advancement of the UF4A's mission.

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## **Guest Opinions**



#### **Kate Cholewa**

#### The Purpose of a Legislative Hearing

hearings is that their purpose is to provide a venue for citizens to share their thoughts and feelings about an issue, a piece of legislation, or a provision within a piece of legislation. But the more sophisticated objective is not about you sharing your perspective, it's about inspiring or influencing the thoughts and behavior of those to whom you are speaking, meaning legislators, of course, but also the public through the media. It's a subtle, but significant, difference.

machine, a hearing is an orchestrated program functioning of an industry. you're putting on for the committee and the press. It's the telling of a story. Each person statement (Please, be compassionate) make it Use your integrity, not your self-righteousness, that testifies is telling a story and the group as a whole is telling one, too. Approaching a hearing this way is useful because stories are easier for people to understand and remember a clip that keeps people listening. than a splatter of disjointed points of view.

#### Ways to Be Part of the Story

In presenting to a legislative committee, a coalition often considers the order information should come in so that the listeners can make sense of it. So, the objective is for each speaker to build on or augment what those who came before said. In structuring testimony for hearing, therefore, it is the case that a group will "line up" their speakers and put up front:

legislation (it would not be unusual that some terribly in this setting. of those on the committee haven't read the bill)

(with an issue like cannabis in particular where people off. people know so little, this can be important)

stage for policy

three to five people that testify so that the provision and give an excellent example of groundwork is laid so that legislators have a why it doesn't work and also have another context in which to organize in their minds the person get up and give an excellent example information to follow.

Following the laying of the groundwork, the excellent examples. coalition may choose to organize even further the next people to testify – the constituency are going to be telling is one of stoners, drug groups and individuals who are communicating dealers, endangered children and communities, to the committee why a piece of legislation (or a provision within it) is useful or detrimental to an objective. These people are often using their story, a familiar story. Their story is easier for testimony to flesh out with concrete examples many to take in. This means our story has to what earlier speakers brought up.

A common misconception about legislative of asking for compassion, one should tell a themselves in. Our storytellers need to be story that inspires compassion. (A story that people who can overcome the prejudices of the truly inspires compassion doesn't even need listeners. to use the word.) Instead of saying "this is helping people" tell a story of how cannabis or utilize medical cannabis, there will some specifically helped someone. Instead of saying legislators who instantly see you as a sketchy "these are jobs" tell the story of someone who was in financial straights who created stability for his or her family through the economics of before you even open your mouth. This means, the medical cannabis market. Instead of saying you have to blow them away with your dignity something's unfair give an example of how a and excellence. provision would lead to a way of functioning When a coalition is functioning as a that doesn't serve patients or the efficient There's

> one sentence. It waters it down when one takes as your center of gravity. a simple idea and says it four different ways. Simple statements can help a hearing move at need if we are to succeed.

In fact, keeping a hearing moving at a clip is critical. Two minutes is a big chunk of time during a hearing. Time yourself. Find out what 30 seconds feels like or one minute. Remember, the hearing is a story unfolding. Who wants to listen to a story where you hear the same thing over and over? Agree with those states. She blogs at cannabisandculture.com. who came before you if your point has been made. And, most definitely, know what you're going to say before you get up there. Reading your testimony is fine, if that helps keep you 1. the covering of the nuts and bolts of the focused. Stream of consciousness comes off

And, be mindful of tone. Stories are 2. the providing of a philosophical framework interesting. Lectures are boring and turn

So, build the story. Create the case. Do it 3. a well-prepared personal story that sets the with many people exemplifying different dimensions of the story. Yes, there may be divergent opinions within it. Who knows? Such tasks need attending to within the first We might have someone get up on a certain as to why it does. The point is to be giving

The story the anti-medical cannabis forces and ruined lives. Theirs is a story of bad things. Ours is a story of good things. Theirs is an old be clearer because it is new and unfamiliar. In providing a concrete example, instead Our story has to be one that people can see

> When you get up there and say you grow character who will say anything to justify your illicit way of life. That's what you're facing

Remember, there's nothing to defend. information to provide. The information and truth of your examples serves If you'd rather just provide a general as your defense, not your personal indignance.

Excellence is the minimum standard we

#### So, we do it.

~Kate Cholewa worked as lobbvist and policv wonk for twenty years. She tried to get out. The medical cannabis issue drew her back in. She's served as a commentator for MT Public Radio and has spent the past year writing and politicking about the cannabis issue in three

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## MMGA hosts First Annual Meeting and Symposium

The Montana Medical Growers Association held its first annual meeting and symposium October 10th and 11th at the Red Lion Colonial Inn in Helena. The theme of the event was "no patient left behind" and featured panel discussions and training seminars. The entire symposium was designed to offer education to supporters and skeptics alike on the importance of medical cannabis, how it helps patients and useful business strategies. The twoday event, produced in conjunction with Montana Connect Magazine, was free to the public because of financial donations by caregivers and dedicated supporters of medical cannabis and drew over 250 people. Sessions included educational seminars on the basics of running a medical cannabis business, the science of cannabis, why medical product should be tested, and the best means for communicating with patients, the press, and the general public.

The symposium began with Jim Gingery, Executive Director of the Montana Medical Growers Association reviewing the mission of the MMGA and all of its accomplishments and challenges during the first year of the trade association. The produced with proper labeling, the alternatives for views on medical cannabis and their opinions on most challenging task the Association has faced patients have increased dramatically. was attempting to get everyone, including the medical cannabis community, law enforcement, of Newbridge Securities Corporation in Ft. of Labor offered a presentation on the city officials and the public at large, to think differently about medical cannabis. During the Children, Families, Health and Human Services Interim Committee hearings on medical cannabis this summer in Helena, Gingery committed to providing training, instruction and guidance to the caregiver community as a precursor to potential continuing education credits that may be required in with devastating disorders. the future. This symposium fulfilled that promise.

to come together in support of medical cannabis. The first panel discussion of the event included Irvin Rosenfeld, a federal medical cannabis patient for Award was presented to Tom Daubert, a long-time 28 years, Dr. Chris Christensen, a Victor physician, and Dr. Noel Palmer of Montana Botanical Analysis in Bozeman. The panel reviewed why cannabis is how cannabinoids, the active ingredients in the contribution to the symposium. cannabis plant act as a homeopathic treatment, and the function of the endocannabinoid system in forum to discuss the potential changes in the the human body. An alternative delivery system Montana Medical Marijuana Initiative in the seminar later in the day featured Dr. Palmer and upcoming 2011 Legislative session. Moderated by Rose Habib of Cannabanalysis Labs in Missoula Jim Gingery, Executive Director of the MMGA, YouTube channel to subscribe and see the videos. along with Vaughn Hershycorn who produces the panel included Irvin Rosenfeld, Senator Dave sundry products and Tim Williams of Montana Lewis (R-Helena), Senator-elect Mary Caferro is already underway. Anyone who wishes to Cannabis, a master chef. Patients do not have (D-Helena), and Tom Daubert of Patients and to smoke cannabis in order to benefit from the Family United. In an unprecedented display, a cannabinoids in the plant. With edible products number of candidates running for various political able to be dose controlled and sundry products offices in Montana joined the panel to discuss their www.montanamedicalgrowers.org.



Irvin Rosenfeld, Mary Caferro, Tom Daubert, and Dave Lewis sit in on the Legislative panel at the First Annual MMGA symposium.

Irvin Rosenfeld, Senior Vice President Lauderdale, Florida, also served as the keynote speaker. Mr. Rosenfeld focused his keynote on the importance of hemp production in the United States and how and the why the government doesn't educate their own employees about the virtually unknown Federal Medical Cannabis Program. He

The first evening ended with a tribute to Scott The medical and scientific community continued Day and Robin Prosser, two patients who helped this issue) to move forward the medical cannabis movement in the State. The first annual Compassionate Care advocate of Patients and Families United. Mr. Daubert was instrumental in the drafting of the current Initiative. Irv Rosenfeld was also awarded an excellent medical alternative for some patients, with a plaque for his invaluable insight and overall newspapers across the State and two national

The highlight of the second day was a legislative

the current law and the proposed draft legislation.

Representatives from the Montana Departments responsibilities of caregivers for the employees that they hire. Attendees were guided through the intricacies of Workman's Comp and Labor Standards. A separate session featured members of the Department of Agriculture's Nursery Program who discussed not only the State's program but also also discussed how parents can deal with children gave information on the use of pests and pesticides and informed the group of a particularly devastating new threat, the hemp mite. (See article included in

> The symposium ended with a general legal seminar in which several attorneys from across the State discussed updates on the latest cases in the news and what the future held for legal ramifications of the medical cannabis industry.

> The event drew interest from television and documentary film crews. The seminars and lectures of both days were broadcast live via the Internet to those who could not attend in person. Video of these sessions can be seen by visiting www.hotboxpodcast.com. Be sure to go to their

> Planning for next year's meeting and symposium participate or assist in planning should do so by sending an email to info@montanamedicalgrowers. org. Details of upcoming events are available at

## **Compassion Starts Here**

#### by Hiedi Handford

"It was a subtle infiltration" was the answer. The question was a surprising one to be able to start with. "Just how did you work your way into the hospital?"

Ron Rosenthal relaxed back in his chair in his office. We were in Canyon Creek Caregivers in Helena and Ron was still dressed in his hospital blues.

"It wasn't as hard as you would think, since I have worked in the hospital for over seven years, and have been a professional for almost 20 years. I have developed respect where I work, and they trust my decisions. I also grew up in Helena. I have a long history within my community, a good history"

Ron's relationship within the hospital is most certainly an interesting one. When he decided to "out" himself to his co-workers regarding becoming a Medical Cannabis provider, he did it in the best way he knew how. "I put on a suit! I put on a suit, and made up a plate of cookies, and went to each person individually. We sat down, had a snack, and I explained what I was doing, who I was helping, and why. I actually met with very little resistance."

To clarify matters here, Ron never works with clients or dispenses Medical cannabis to his patients in or on hospital property. He is very respectful and mindful of hospital rules and practices. He takes the statement "Do No Harm" very seriously and would never do anything to intentionally hurt his patients, or his employer. "Being in this environment for me is very special. It gets me closer to my clients in a time when they may need me. We develop very close relationships. Many of them are in the hospital frequently for their conditions and I make it a point to go visit them, and be sure they are doing well. Give some support when they need it."

It is quite apparent Ron has developed some very good relationships with his client base. As patients come and go throughout the afternoon I had in months." each is greeted with a smile, and asked how they are that day.



more of another cannabis hobbled out the door. strain that worked well I'll get a cookie today



Ron Rosenthal checks the blood pressure on one of his patients. Photo by Don Deyo Photography.

Another client buys an eighth of some C99 and a couple cannabis One client is having a bad day, and they want to try a new cannabis candies. "I'll try the C99 today and see if it can take the edge off strain to see if they can get this pain. It's been bad lately. I really just need a good night's sleep a different relief. Another tonight...." states a middle-aged patient. It was quite apparent she is doing very well that day, had been in some pain, and the bags under her eyes were tell-tale of and inquires if they have lost sleep. One couldn't help but empathize with the woman as she

> No matter what they are there for, it is guite apparent they are for them. All of the clients comfortable and feel welcome. Some just stop by on their way home peruse the display case and to chat it up. "I get a few folks who are very lonely, and have no consider their needs for the family close by. It's hard to be alone when you are sick and don't feel week, or day, depending well. We meet these folks when they are usually at their worst. It is on their finances. "I think very rewarding to watch folks do well and get better all the time".

> Unfortunately, there are many who do not get better. Ron has had and some of that Sativa many of his clients die, and it is quite apparent is has been a very glycerine tincture" states painful road for him. "Losing clients to death is definitely not a one client "that tincture highlight of this job. It is very very painful. I get very close to my worked really well for clients, we become like family. Many of them I deliver to at their my neuropathy and let me home when they are so sick they can't get out of bed. I go to the store function for the day. The for them. Just sit and listen when they need an ear. I have sat with last time I took a cookie grieving spouses and cried with them after their spouse has died. It home - I slept better than is very heartwarming, yet at the same time heart wrenching, to have

these families go through so much and then turn around and thank me for helping their loved one find the relief they needed in their hour of need".

Compassion runs deep at Canyon Creek Caregivers.

Witnessing the client base that afternoon provided some good insight. Clients ranged in age from the 23 year old young woman who had endured 4 spinal surgeries to the 67 year old man on his way back to the ranch. The old rancher had endured years of hard work and between roughshod days gone past, many broken bones, and a wicked case of arthritis setting in, he had found his best relief in Medical Cannabis. "I don't like feeling whacked out in my head" stated Roy "I have a couple puffs every night after work and a couple before I go to bed. I sleep better and I have my facilities about me".

Rosenthal started Canyon Creek Caregivers in February of 2010. Working in the medical profession, he started hearing more and more of a need in the Helena area. After some research, he decided to get into gardening Medical Cannabis.

Ron works closely with a couple gardeners locally, and networks with caregivers across the state. "We want to bring the best medicine to our patients. Having a variety of strains is a necessity, as not every strain works for every ailment". Ron speaks regularly with other caregivers across the state either helping them aid their patients, or discussing strain varieties, and new advances within the lab. "Our labs in Montana do a great job. We label all of our tinctures with the lab results, and discuss dosing options with our patients".

Dosing options with Medical Cannabis? "Yes" states Rosenthal "The plant form of cannabis being smoked is one method available. Smoking is actually the most measured way for a patient to dose themselves as they can take just as much as they need and stop. The effects are felt immediately. This is very helpful to nausea patients, and folks with gastro-intestinal disorders as they usually struggle with keeping meds down in a pill form. It is also good for folks with spastic muscle disorders, as it seems to go to work on the spasticity faster and more immediately. At least that's what my clients report."

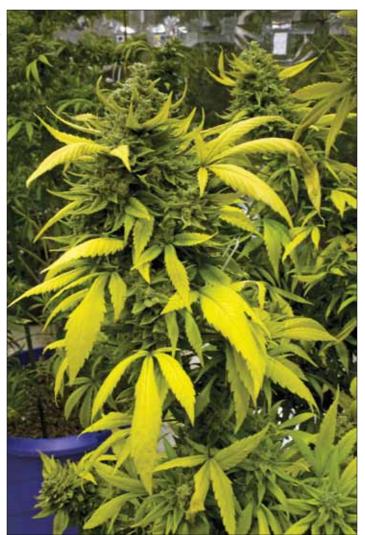
Isn't smoking dangerous? Doesn't it cause cancer?

was exactly the opposite! If anything, people who smoke cigarettes for a pain patient. should be smoking cannabis as a preventive measure! Cannabis causes absolutely NO lung cancer!" laughed Rosenthal. "It attacks different strains" states Rosenthal "One person may not respond well the bad cells and destroys them so new ones can grow and perform."

"We also have a pill form of our Medical Cannabis made. It is a coldwater extraction process with a coconut oil base usually encapsulated in a capsule. The plant matter is reduced into an edible form. We also them and still takes their pain away. This is exactly why we offer have salves, ointments, and edible products available for our clients prices at a gram level, so patients can sample it to see if it works for who do not wish to or need to smoke."

"The edibles are very effective. The troubles most new clients have when starting to utilize edible medical cannabis is the dosing, Sativa to get through the day, as it is more "uppy" and allows them to and getting used to what amount works for who. Edibles can take function and they will change to an indica or indica blend to go to bed. anywhere from 45 minutes to an hour to have the effects be felt. Medical Cannabis can affect different folks in different ways. What It's a balance."

is functioning. All creatures on this planet with exception of insects, have endocannabinoid systems. Our bodies are designed to receive cannabinoids. Just how much is dependent on the individual person. wp-dyn/content/article/2006/05/25/AR2006052501729.html



A fibromyalgia patient for instance, may require much more of the "Funny you should ask that" states Ron "Donald P. Tashkin is a cannabinoids to help with their pain and neuropathy as there are researcher who was paid by the Federal Government to conduct a so many different areas and body systems involved. We are also so 10 year study on cannabis smokers. The original intent of the study unique. Medical Cannabis has so many strains that are unique. One was to prove that cannabis caused cancer. What they actually found strain may work particularly well for a seizure patient, but not so well

> "That's why you see so many caregivers out there with so many to a 100% Sativa for their pain, where a 100% Indica may perform better to meet their needs. Some folks prefer a 60% Sativa 40% indica strain to function throughout the day, as it won't or doesn't impair them without buying a whole eighth or ounce for their supply."

> "Many patients will take home a small variety. They will choose a It's all very personalized."

After visiting Canyon Creek Caregivers on more than one occasion, may be very strong for one client, may not even touch another client. it is quite apparent it is very personalized, and very caring. They truly do care for the folks who come to them for their services. Compassion It is also dependent on how each persons endocannabinoid system starts, and for some ends with their passing, with Canyon Creek Caregivers.

Tashkins story can be found at:http://www.washingtonpost.com/

#### Patients Out of Time



#### www.medicalcannabis.com

#### We Are There for You

Patients Out of Time was founded in 1995 with the sole (and soul) focus on educating health care professionals and the public about the therapeutic use of cannabis/marijuana. We believe that if people are aware of the remarkable safety of this plant, the research that supports its efficacy and the fact that its prohibition is based on lies, greed and racism, we can help create a grass roots movement among health care professionals and the public that will demand access to this medicine and end its wrongful prohibition.

### What is Patients Out of Time?

Patients Out of Time is a 501c3 educational charity made up of volunteers. As stated above the mission of POT is to educate health care professionals, patients and their significant others, legislators, law enforcement and the public at large about evidence-based science regarding the safety and efficacy of cannabis. POT is not a membership organization, but our educational products are for anyone and everyone.

The name of this organization, Patients Out of Time, was chosen to reflect the urgency of our mission. Cannabis can provide almost immediate relief for a wide variety of health ailments yet it is "illegal" to grow, obtain, sell or use this medicine. Many health care professionals and politicians hide behind the prohibitionist mantra of "we need more research" before we can allow cannabis as medicine. That cautionary statement is nothing more than a poor excuse for a lack of integrity or complete ignorance. Cannabis is an ancient medicine and it was a popular medicine in the U.S. Cannabis products were approved under the "Pure Food and Drug Act of June 30, 1906." A reefer madness campaign against a "new" drug menace called marijuana or marihuana was launched following the repeal of the alcohol prohibition and legislators passed the Marihuana Tax Act of 1937 that ultimately led to the removal of cannabis from the pharmacopoeia. Finally with the passage of the Controlled Substances Act of 1970, marijuana was placed in Schedule I or the forbidden drug category. To be placed there a drug has to meet 3 criteria: it has no medical value, is not safe for medical use and is highly addictive. Notice that the correct name for this herbal medicine (cannabis) was no longer used by our government - only the derogatory Mexican name for the plant - marijuana.

Marijuana has been intensely studied as a "drug of abuse" to demonstrate all of its horrendous dangers. The irony is that all of this research simply strengthens the argument that cannabis is safe. If one were to review the "negative" studies, one would learn that extremely high doses of THC were used or that the study was severely flawed. Patients Out of Time certainly supports more research on cannabis, but that is no excuse as to why patients cannot have access to this medicine. Patients need it NOW. Many will gladly participate in research studies, but they want and need their medicine now - they don't have time to wait for more research

### Why was Patients Out of Time formed?

Prior to the creation of Patients Out of Time. co-founders Mary Lynn Mathre and Al Byrne were on the Board of Directors of the National Organization for the Reform of Marijuana Laws (NORML). Both Al and I believe in the mission of NORML that marijuana should be available for adult usage, but as we recognized the value of cannabis as medicine, we found that in order to get health care professionals and/or organizations to support this issue, we needed to separate the medical use of cannabis out from the social, recreational, spiritual or other use of cannabis. When compared to mainstream prescription or over-the-counter medications, cannabis is much safer but it was and still is in the forbidden drug category of the Controlled Substances.

We formed Patients Out of Time to focus on the medicinal use of cannabis. We don't want the baggage of dealing with the side issue of recreational or other use of marijuana. We aren't arguing against the legalization of cannabis, but our focus is on its efficacy as a medicine. We all know that morphine and other strong pain medications may be used illicitly, but that doesn't mean that those pain medications should be prohibited. I'm not trying to discuss the abuse potential of cannabis in this paper, the point is that any medicine can be abused and that is not a sufficient excuse to prohibit the use of a medication from other patients.

All medicines have potential risks and no medicine works for everyone. Cannabis is not a perfect medicine and will not work for everyone. But history and science clearly show that cannabis is an effective medicine. In fact, scientists have discovered a molecular system in humans and all animals called the endogenous cannabinoid system or endo-cannabinoid system (ECS). This system is essential to life and helps to maintain homeostasis or balance. We have cannabinoid receptors throughout our bodies and we make chemicals that fit with these receptors called cannabinoids - because we make them, they are called endogenous cannabinoids. Cannabis is the only plant that makes similar cannabinoids (phytocannabinoids). As we learn more about the ECS, we understand more about how and why cannabis is such an effective medicine for so many different indications. This is new science that all health care professionals need to know about. Cannabis may not only help manage symptoms for various illnesses or conditions, it may be able to prevent many auto-immune or age/stress-related illnesses. We all need to know more about the ECS and the potential of cannabis.

#### Who are the people behind Patients Out of Time?

We are made up of health care professionals and cannabis patients. Included on our Board of Directors are the 4 remaining federal medical marijuana patients - Irvin Rosenfeld, Elvy Musikka, George McMahon and Barbara Douglass. Up until 1992, there was a little known program that allowed patient access to medical marijuana from the federal government called the Compassionate Use Investigational New Drug (IND) program. Robert Randall, a glaucoma patient was the first patient to gain access to cannabis through

this program as the result of a court case in which he proved that he needed this medicine to prevent blindness from his glaucoma. Bob and his wife Alice O'Leary soon formed the Alliance for Cannabis Therapeutics (ACT) as an educational/activist organization to help others gain access to this medicine. Under the compassionate IND program a patient's physician had to send in a detailed application to the FDA for approval. Along with that the DEA had to investigate the patient, family members and the recommending physician to ensure that no diversion would occur. The marijuana came from a farm at the University of Mississippi that is controlled by the National Institute on Drug Abuse (NIDA). It is rolled into cigarettes and shipped to the recommending physician or designated pharmacy in canisters containing 300 cigarettes. In addition to the paperwork and investigations, the recommending physician needs to get special approval by the DEA to work with this Schedule I (forbidden) drug and most physicians do not want to go through that process.

Slowly, but surely the number of patients in this program began to grow, especially with the advent of the AIDS epidemic. By 1991 there were 13-15 patients in the program, more than 30 patients approved for the program and hundreds of applications awaiting review when the federal government abruptly closed the program. Only the patients who were already receiving their medication would be allowed to continue in the program. By 1995,

Learn the truth about the Federal Medical Cannabis Patients. YES - there ARE Federal Patients! Irvin Rosenfeld is the longest surviving Federal Patient in the Federal Compassionate Use IND Program. Learn how - learn why - learn the FACTS and the TRUTH. Medical Cannabis WORKS! Irvin is living proof after 38 years! Get your copy TODAY!

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#### IRVIN ROSENFELD MY MEDICINE



IRVIN ROSENFELD MY MEDICINE

only 8 of these patients were alive (2 of whom remained anonymous) and we realized that the government was hoping that these 8 would soon die so they no longer had to explain why our government provided free cannabis to a handful of patients while telling the rest of us that cannabis has no medical value. By the time we formed Patients Out of Time, Robert Randall's health was failing and he asked that we carry on the work he and Alice started with ACT. Robert died in 2001 and Corinne Millet, another glaucoma patient in the IND program who was on our Board of Directors, died in 2007. We always keep at least one Board seat empty in remembrance of past patients.

### How will Patients Out of Time educate others?

One of our first projects was to show support for cannabis as medicine, especially among health care professionals. It soon became apparent that while many persons supported this issue once they knew the facts, few were willing to sign their name or state their support in public. As a member, I initially approached the Virginia Nurses Society on Addictions and the Virginia Nurses Association with draft resolutions in support of patient access to cannabis and both organizations readily passed their respective resolution. We realized that this method was much more useful and empowering to individual members. Eventually Patients Out of Time helped develop the resolutions for the American Public Health Association, several state nurses associations and the American Nurses Association and similar resolutions were drafted and passed by other organizations. The list continues to grow and can be found on our website.

It wasn't until 2000, that we started our accredited biennial conference series. Bv accredited, we mean that our conferences have met special criteria by the AMA and ANA to qualify for granting continuing education credits. The First National Clinical Conference on Cannabis Therapeutics was held in Iowa City, IA and was co-sponsored by the University of Iowa's Colleges of Medicine and Nursing. Melanie Dreher, RN, PhD, FAAN, was the Dean at the College of Nursing at that time (and also a member of our Board of Directors) and was able to convince the leadership at both colleges to co-sponsor and accredit this educational event. Our 6th and most recent conference was held in Warwick, RI on April 16-17. 2010 and it included researchers from Israel, Brazil, Canada and the U.S. All of our conferences have been videotaped and are available as DVD sets. The 2006 and 2008

conferences are also available for continuing education credits for health care professionals through a link on our website to the University of California San Francisco, School of Medicine's online CME program (with the 2010 conference proceedings soon to be added). Our conferences include a faculty of researchers and clinicians from around the world to present and explain the science; patients and their care givers to provide case studies; along with policy people to help explain the legal issues. While these conferences are designed for health care professionals, many patients attend as well. Many patients have not been supported by their healthcare provider and come to seek answers to their questions or validation for their experiences with the medication.

Our website (www.medicalcannabis.com) contains much information on cannabis and the endocannabinoid research. In addition to our biennial conference series, Patients Out of Time can provide expert speakers to address any medicinal cannabis issue. We have spoken at medical/nursing specialty organization conferences, individual institutions, student groups and other forums. We have provided testimony at legislative or policy hearings and consultation to film makers and medical cannabis companies.

#### We are there for you

As I stated in the beginning, Patients Out of Time is dedicated to educating health care professionals and the public about the therapeutic use of cannabis. The prohibition of cannabis is based on lies and scare tactics and we openly expose and challenge those lies. The science fully supports this medicine and Patients Out of Time is the leading source of evidence-based science regarding medicinal cannabis and the endocannabinoid system.

We are there for the patient to validate their use of medicinal cannabis; to teach them about alternative delivery methods, to teach them about the various strains with different cannabinoid ratios; to teach them about the ECS and address their concerns. We are there for cannabis dispensaries to disseminate new research, to provide education about the safe and effective administration of cannabis to their patients or staff, and to assist with policies and procedures to safeguard the patients. We are there for the growers to support their efforts to grow and harvest a safe, medicinal grade herbal medicine; to teach about the therapeutic value of other cannabinoids along with THC and to

### Jimmy One's Gardening Tips...



Intro to growing Are you a dirt farmer? Or an aquanaut?

Ok, so you have your location picked out where you will have your garden, now you must think of how you will grow and what method (soil or hydro) and growing medium you will grow in. Some choices to use as your growing medium are Soil, Coconut fiber, Expanded clay, Expanded mica, Foam, Gravel, Perlite, Rockwool, Sand and Vermiculite just to list a few. You have a lot of choices here, but if you have never grown cannabis before, I would NOT RECOMMEND hydroponics. Hydroponics is a great method for growing; however it is much less forgiving than soil.

Soil is made up of many mineral particles

basic factors contribute to the cannabis root's ability to grow in a soil: texture, ph, and nutrient content. Plain old potting soil fresh, right out of the bag is always a safe bet for the basic gardener. great method for cloning. These systems require

If choosing to grow a hydroponic garden, you will next need to decide what type of system you will use. Some hydroponic systems include, Ebb and Flow (flood and drain), Air Table, DWC (deep water culture), NTF (nutrient film technique) and Aeroponics just to list a few.

probably the simplest of hydro systems with a proven track record. Your plants are grown in pots or rockwool cubes that are set in a table whatever it is growing in, therefore, I recommend reservoir that can hold 1" - 3" of water. Nutrient solution is pumped into the table that your plants are sitting in causing them to sit in a pool of nutrient solution for a short period of time until a timer turns a pump on to drain the table. This process is usually repeated several times a day.

Deep Water Culture system is also a pretty simple, but productive method to grow cannabis. Your "ladies" are put in pots full of expanded clay pellets, rockwool or other growing medium. The net pots are nestled in holes in a lid that covers the reservoir. The roots dangle down into the nutrient solution. A submersible pump can be used to lift your nute solution to the top of a discharge tube where it splashes back into the reservoir. Nutrient solution will then cascade down your roots.

Nutrient Film Technique systems are high mixed together with living and dead organic performance, but also can be high maintenance. matter that incorporates air and water. Three Seedlings with a strong root system are placed

on matting located on the bottom in a covered channel. Irrigation sprays the roots with nutrient solution constantly. Gullies or channels are covered to keep humidity high in the root zone and light from shining on roots.

Aeroponics uses no growing medium and is a the most attention to detail as there is no growing medium to act as a water/nutrient bank which makes it very touchy. If your pump fails, your roots will dry FAST causing your plant to suffer. You should be very certain to keep all components clean and your ph balanced as well as spend the An Ebb and Flow or Flood and Drain is little extra initial investment on QUALITY parts or a ready-made system from a reliable supplier.

> Also remember that your plant takes up staying away from Miracle Grow (synthetic) types of soils that have fertilizers in the soil, because near the end of the plants life (about the last 2 weeks of flowering or budding), you should "flush" your plants to get rid of any organic or synthetic fertilizer that's in your buds and when using a Miracle Grow type of soil, the fertilizers are in the soil, therefore not being able to be fully flushed.

> This column has been your intro to growing, and things to consider when choosing your growing method for growing your own medical cannabis. Each edition of Montana Connect, I will teach you something about growing. In our next issue, we will learn about different nutrients (synthetic or organic) as well as a Q&A section from this subject.

> ~Jimmy One is an active Montana Medical Growers Association (MMGA) member and is with Jimmy1 "Green Thumb" Gardens at http:// www.NeverHaulWaterAgain.com. Questions. comments and suggestions can be directed to Jimmy One at jimmy1@neverhaulwateragain. com



**Big Sky Town Center** above Grizzly Outfitters 11 Lone Peak Dr. Ste 207



#### Patients out of Time **Continued from Page 17**

encourage the development of plants with a higher cannabidiol (CBD) or other cannabinoid ratio; and to support the testing of their plants for content and potential contaminants. We are of time. If you are not a patient today, but fall there for the legislators and law enforcement to clarify the truth from the myths and lies. We are there for the public to quell their unfounded fears and to open their eyes to the potential of cannabis.

We hope you will think of Patients Out of Time as YOUR source of information regarding the efficacy of cannabis. We hope you will let others know about Patients Out of Time and our website www.medicalcannabis.com. We hope know what strain would work best? Do you the press and other media will seek the truth about know how much you should take and what form the efficacy of cannabis from Patients Out of would be most effective or tolerable? Time. We are an organization made up of health care professionals and patients and we base our supporting Patients Out of Time. Let others teachings on history, science, compassion and know of our website and our resources. Ask common sense. When you want to know about your healthcare provider to take our online a medicine, doesn't it make sense to go to a CME courses so he/she is aware of this new health care professional who understands the science. And of course, if possible, please potential risks and benefits, rather than a DEA make Patients Out of Time one of your favorite agent, cop, lawyer, or politician? We are there charities so we can reach more people. Our goal for you to support your right to safe and legal is to get cannabis available to all patients who access to this medicine. We are there for you may benefit from its use and we hope to put to support your right to grow this wonderful ourselves out of business as soon as possible. plant or to obtain this plant or prepared cannabis Our conference series and the networking of products from a quality-controlled dispensary. physicians and nurses helped spawn the creation We are also there for you if you have problems of the American Academy of Cannabinoid related to the use of cannabis. We are there for Medicine (AACM) and the American Cannabis the health care providers to teach them how to Nurses Association (ACNA). Once cannabis manage dosage and administration of cannabis is removed from Schedule I and becomes depending upon the indication and individual legally available as medicine, we hope that the and to update them with the latest research to AACM and the ACNA will continue the clinical help guide their practice. The more we learn cannabis conference series to ensure that health about the ECS, the more we understand how care professionals continue to be updated on the important cannabis can be as a medicine. What cannabis/cannabinoid science.

if some of the auto-immune diseases or diseases associated with stress or old age are the result of an endocannabinoid deficiency? Are you at risk or showing signs of a problem and if so, should you be taking this as a preventive medication?

One way or another we are all patients out victim to an accident or illness tomorrow and cannabis can help - Will you know that it could help? Will your health care provider know it could help? Will your health care provider be willing to recommend it for you or support your decision to try it? Would you risk arrest and possible incarceration, loss of work or other legal problems if you were caught using it? Do you have ready access to a safe supply? Do you

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#### To my friends in this wonderful new industry.

We have a rough road ahead, and the times will be hard.

#### It is time to end the lies, and bring respect, integrity, and credibility to the truth of Medical Cannabis!

#### Code of the West:

1. If it's not yours, don't take it.

2. If it's not true, don't say it.

3. If it's not right, don't do it.

4. Never EVER quit.

5. Have respect for yourself, your neighbors, and everything around vou.





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#### **MMGA UPDATE**

November marks the one year anniversary of the founding of the Montana Medical Growers Association. In November 2009 the MMGA was recognized by the State of Montana as a 501c5 trade Association; a Trade Organization that is committed to ethical representation of the news and in print. ALL PATIENTS AND CAREGIVERS in the State.

This is currently an all volunteer organization need the help of the membership to continue to move forward with this industry. There is much informed of issues arising in your areas. If there other cities might well consider. are questions or concerns, please let us hear problems exist.

It's been а busy year for MMGA. sustain our three primary missions:

1. Support superior patient care

Montana

our members

#### **Our Efforts-Local Governments**

We have spent a great deal of time attempting to assist with the formulating of city

and, with few exceptions, created a zoning exterior with night vision capabilities. ordinance that met every one's needs. While some caregivers were required to no longer grow in residential areas, store fronts within 1,000 feet of a school were grandfathered, but no more were permitted. The zoning offered reasonable the City was set at 20 with any application being submitted by the implementation date of the ordinance would also be grandfathered. This permitted anyone wishing to have a store front front license prior to the effective date of the solutions.

which modeled their zoning ordinance in part caregivers. This work group met throughout after Bozeman. Now that the blatant "in your the summer and reached consensus on most and needs the help of its members. Board face" public displays have subsided, the Ennis of the major issues. That's right caregivers Members and Chapter Directors all serve on ordinance is less stringent than Bozeman, agreed with law enforcement on a number of a volunteer basis. We all have businesses and limiting medicating to being "out of public other obligations to take care of in addition to view". In addition, the city of Ennis struggled our responsibilities for this Association. We will with where store fronts could be located. In for caregivers but permitted them to operate in a small town like Ennis, 1,000 feet from a school could stop any store front from being an uninterrupted supply of medicine. to do around the State with regard to City and in town. As a compromise, the City instituted County ordinances, the State Legislature, and a 500 foot buffer around the school and will included a number of items that were simply educating the general public with REAL facts, permit up to 3 store fronts within the City not the rhetoric they are already hearing. We limits. Both Bozeman, a large city, and Ennis, no place in a Montana law. We specifically are relying on our membership to help keep us a small town, have reasonable ordinances that object to a) limiting caregivers to 5 patients,

We were less successful in Billings. about it. We can't help if we don't know the spite of our efforts, the Billings City Council patients that come to Montana for medical implemented a moratorium which still remains treatment. Our view has been that any changes the in effect. Just prior to the vote in June 2010, necessary in the current law should be reflective Everything this Association has two store fronts were fire bombed. Within of Montanans and not portions of legislation accomplished in the last 12 months has been to two days of the fire bombings, the MMGA met pulled from other States. Please visit our with local law enforcement offering to support website www.montanamedicalgrowers.org for the capture of the criminals by posting wanted more detailed information on what we presented 2. Provide a voice for medical cultivators in posters around the city and being ready to set up and why. a COPS (Caregivers On Patrol) should another 3. Promote the lawful and ethical conduct of firebombing occur. The intent was to establish the issues that we will face in the upcoming a Neighborhood Watch for the Caregiver Legislative session. We will be providing every community with the goal of observing and reporting any suspicious activity. The Billings book on medical cannabis in Montana outlining police were fully supportive of our efforts and the issues and our recommended solutions our intent. Unfortunately, the cameras that complete with our rationale. MMGA members ordinances. Our greatest success was in Bozeman recorded the domestic terrorists did not capture will also be given the opportunity to have this where the city included the medical cannabis clear enough pictures to make the wanted document to facilitate an open debate on the community in open workshops to discuss the posters. This pointed out the importance of issues. We have seen too many decisions made

As we hear about break-ins we will offer our assistance and direction and will continue to help coordinate public and private efforts to find the criminals and have them prosecuted.

Our membership is now assisting with other access to locations where a store front could be city zoning ordinances around the State. We located and the maximum limit of store fronts in encourage everyone to contact the MMGA on how we might be able to help in their city.

#### **Our Efforts-State Government**

On the State Legislative level, we have in Bozeman an opportunity to secure a store continued to be at the forefront of offering It is our belief that the more ordinance. There are currently 23 licensed involved we are in the process, the more likely store fronts in Bozeman. One major issue the our interests will be met. We were asked to MMGA had with the ordinance was regarding participate in a panel appearing before the the complete smoking ban with criminal Children, Families, Health and Human Services consequences. According to Mayor Kraus of Interim Committee as they began to discuss Bozeman, the strict regulation on medicating in the current medical cannabis law and what public was a direct result of some of the very changes might be considered. All but one of the visible public smoking that kept appearing on caregiver representatives were members of the MMGA at that time, and as would be expected, We just finished assisting the city of Ennis there were differing opinions even among the issues. We then proposed a number of different items that offered some additional guidelines a way that is necessary to insure patients receive

> The final draft bills for the Interim Committee taken from other States' legislation and have b) requiring 2 physicians' recommendations In for chronic pain, and c) restricting out of state

We are in the process of summarizing all member of the Legislature with a comprehensive issues facing caregivers, patients and the City cameras not only inside facilities, but also on the by State and Federal legislators based on rumors

and innuendos, not facts. By putting the facts out in the public, we are confident that the new regulations for this industry will be appropriate, industry was rapidly expanding and that reasonable, and logical. If you want to be part more and more cities were looking at this of the solution, join the Chapter closest to you and get involved.

#### This Year's Events

January 2010, we co-sponsored a conference in Bozeman in conjunction with Montana Botanical Analysis. That conference featured as the keynote speaker, Dr. Arno Hazekamp, one of the foremost cannabis research experts in the Bozeman, Billings, Missoula, Great Falls, world. Attendees were given a visual chemical Helena, Whitefish/Kalispell and soon the introduction to the different active ingredients Bitterroot and Butte with Eastern Montana in the cannabis plant with scientific rationale as coming next. Without local members to why some strains work more effectively for in the trenches advising us on what is some patients than do others.

In mid-October, we participated in a Human help. Resources conference in Bozeman that focused on the use of medical cannabis in the workplace. We offered the recommendation to HR professionals to focus on individual job this new industry. The negative press performance, not on whether or not an employee that has been shone on our industry has was a registered cardholder.

We closed out our first year with a Statewide symposium in Helena. Our featured patients. Some are calling for a repeal of guest was Irvin Rosenfeld, a Federal medical medical cannabis in Montana. It is critical cannabis patient and we were fortunate to have that both caregivers and patients follow a number of state agencies participate including the law. Patients DO NOT SHARE your the Departments of Labor and Agriculture, medicine. seated Senators and Representatives as well as purchased their medicine from their candidates. We broadcast the conference live caregiver's store front and upon returning over the Internet and had over 250 in attendance. to their car, passed the medicine to two

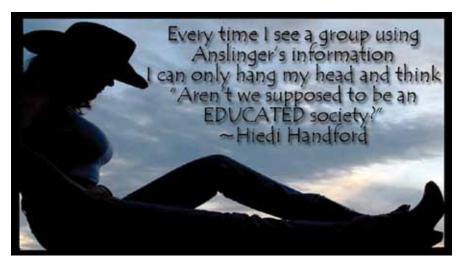
At the end of November, we'll be starting non-patients. He sadly learned that this is an Internet based radio show. Airing once a a felony. Caregivers, be diligent in your month, The Medical Marijuana Radio Show record keeping, track where your medicine will offer the opportunity for anyone to call in comes from and where it goes. Sell only for questions and comments. We're looking to your patients, it's the law! Presume forward to this and will keep you posted about there are those looking to shine a negative upcoming shows. Check the MMGA website light on this industry, so be prudent in your for show times and schedules.

#### **Chapter News**

We realized that the medical cannabis issue. We immediately began to establish Chapters around the State so that the local medical cannabis community could focus on their own issues. Unfortunately low Two months after our formation, in turnout to our initial meetings and the inability to organize an effective lobbying effort resulted in a number of cities passing moratoriums or bans on medical cannabis sales or use. We now have Chapters in happening, the State organization cannot

#### In Summary

This next year will be challenging for stirred the emotions of those who have yet to recognize the value of this medicine to Recently, a patient legally actions.





Montana Medical Grower's Association

#### Our Mission

- Provide a Voice for Medical Marijuana Cultivators
- Support Superior Patient Care
- Promote the Lawful and Ethical Conduct of our Members

**Concerned Caregivers and** Patients from around the state of Montana have come together to form the Montana Medical Growers Association

#### It's Time To Join And GET INVOLVED MMGA Chapters Forming

#### Membership Types

Memberships are now available for Patients, Caregivers, and those that are neither but wish to support the Medical Marijuana industry.

| Patient Membership          | — F  | REE   |
|-----------------------------|------|-------|
| Grower Membership           | —    | \$50  |
| Business Membership         | _    | \$150 |
| Affiliate Membership        | _    | \$50  |
| Affiliate Executive Members | ship | \$150 |

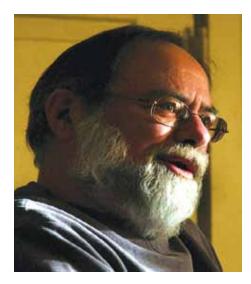
Look for & Support our Members displaying the Montana Medical Growers Association Logo



Montana Medical Growers Association PO Box 10628 Bozeman, MT 59715 1.800.518.9113

www.montanamedicalgrowers.org Info@montanamedicalgrowers.org

## **Election Results Create Steep Challenge**



#### by Tom Daubert, founder/director, PATIENTS & FAMILIES UNITED

It's been obvious for the past year that Montana's medical marijuana law would face skeptical scrutiny and major proposed changes at the 2011 state Legislature. But election results greatly complicated the situation, heightening the odds that we will have to work hard not so much to improve the law but rather just to keep it on the books.

Republicans took record-setting, lopsided control over the House of Representatives (68-32), and while many may be libertarianminded, the fact is that some of their leaders have sympathetic ties to the Billings-based group that sought to put a medical marijuana repeal measure on the 2010 ballot.

Thus, Montana's 90-day legislative session, which began January 3, may feature more marijuana-related bills than all prior state history – and most of them are certain to put patients, caregivers and their supporters squarely on the defensive. Additional proposals can be offered until early next year, but already at least five major bills are in the works.

A repeal measure will be sponsored by Sen. Jim Shockley (R-Victor), who will serve as chairman of the Senate Judiciary Committee. Another Senator, Dave Lewis (R-Helena), is developing a bill that at last report would (among other things) license and heavily regulate producers and distributors of medical cannabis, charging a tax on sales to cover the costs of oversight, inspections and auditing.

A bill developed last summer by the Interim Committee on Children, Families and Health contains a wealth of fundamental changes to

the Montana medical law. It will be sponsored by Rep. Diane Sands (D-Missoula), and would (among many other features) require two physician recommendations for pain patients; limit all patients to a maximum of two ounces of cannabis per month; eliminate completely the law's affirmative defense clause; make probationers ineligible to be patients, without regard to their medical condition; and bar anyone with a felony record of any kind from being a "caregiver."

Another bill, supported by the Chamber of Commerce and large employers, would clarify the right of an employer to ban use of medical cannabis during the work-day – in ways that could open the door to outright employment discrimination against patients. In addition, DUI legislation that ordinarily would focus on alcohol will likely propose creating a per se offense for cannabis impairment while driving.

No matter what happens, patients will be deeply affected by the 2011 Montana Legislature.

Montana passed its medical marijuana law with a 62 percent vote in 2004, at the time a record level of support. Several years later, we became the first medical state in the nation to honor a probationer's right to be a patient when health conditions warrant under the law. By the end of the 2009 session of the state Legislature, after assertive lobbying for improvements by patients, it seemed we were making steady progress and that the 2011 session could be the occasion for significant success. But in late 2009, a plethora of ostentatious "cannabis caravan" clinics that produced physician recommendations for many hundreds of new patients in a single day, and the appearance of flashy "dispensaries" in various communities around the state, incited backlash for the first time. Whereas no organized opposition had campaigned against the medical law when it was proposed as an initiative six years ago, today the group called Safe Kids Safe Communities is focused largely on the goal of ending medical cannabis rights completely.

PATIENTS & FAMILIES UNITED, founded in early 2007, and the Montana Medical Growers Association, a trade association of caregivers formed in late 2009, are gearing up to defend the law. If the Legislature can be persuaded to "fix" the law rather than repeal it, it is possible the result will include improvements that make things work better at least in some ways for patients.

What can you do to help the effort to preserve

medical marijuana rights?

Know who your legislators are (House and Senate member), if you don't know already. Messages from constituents can have a helpful effect on how a legislator votes – but messages from voters outside the legislator's home district can backfire. (If you're unsure who your legislators are, call your county's election office to inquire.)

Stay aware of ongoing events – sign up with your caregiver to be on an e-list and/or "phone tree" so that you can be alerted at key moments in the legislative process, those moments when a quick phone message or email to a legislator can make the greatest potential difference. If you aren't on the e-list used by PATIENTS & FAMILIES UNITED, you can sign up by emailing info@mtpfu.org

Attend hearings in Helena – especially the first hearing on the bill to repeal medical marijuana rights. It doesn't matter whether you can or will testify – in fact, it's generally better for only a few people to do the bulk of the talking at a hearing. But it will be very important to fill the hearing room with genuine patients (respectful, dignified patients) who will be personally affected by legislator decisions.

Make your friends and family help, too. Encourage everyone you know to get involved. Patients will need all the public support they can get – the more Montana citizens who pressure the Legislature to preserve patient rights, the better.

Montana's medical marijuana law is making a precious positive difference in the lives of thousands of patients and their families. The law's gray areas may have allowed serious problems to emerge - but voter intent should be respected, and patients deserve a chance to work with an improved, regulated program. We've been trying to improve the law for years now, and if the bill PATIENTS & FAMILIES UNITED proposed in 2009 had passed the House, as it did the Senate, some of the problems that incited the current backlash might have been prevented. The Legislature should "fix" the law in ways that respect recommendations from various guarters - and that make the law work better for patients.

\* Tom Daubert has lobbied all but one session of the Montana Legislature dating back to 1981. He managed the campaign for I-148 in 2004 and has focused on cannabis policy issues ever since. He can be reached at doebare@aol. com

Good Medícíne



#### **Medical Cannabis Tinctures**

Stealthy, easy to administer, and longlasting, medical cannabis tinctures are a remedy from a time before the Great Prohibition. A potent tincture is a THC concentrate made with grain alcohol. The spirits dissolve the

active properties from the plant material and act as a preservative.

Glycerin is also a popular solution for making tincture's especially for patients who wish to avoid alcohol. The mixture must be saturated for days, sometimes weeks, and the result is a supersweet elixir that makes excellent beverage an sweetener. Glycerin does not extract the full range of active components of Cannabis the way grain alcohol does, so the medicinal effect is lighter.

We are seeing some amazing results from tincture usage. MS patients have cut their oxycodone use in half, or in some instances eliminated pharmaceuticals altogether. Many pain patients have reduced their

pharmaceutical consumption by choosing medical cannabis over traditional therapies. Even in a concentrated tincture, medical cannabis is safe, non-toxic, and very effective for longer term relief needs.

The effects of tincture are noticeable within approximately 30 minutes, and are felt completely within an hour. Many caregivers now specify and make either an indica tincture, which is more appropriate for going to bed in some circumstances, or a sativa tincture so they can remain "up" and functional throughout the day. This gives patients more dosing options, so they can manage their needs more appropriately and function effectively throughout their day.

Tincture is dispensed by the drop so unlike

pills, it can be delivered in precise doses to fit the treatment needs of the patient.

Making tincture is a fairly simple kitchen duty, and there are lots of recipes, videos and chat rooms online to guide you through

> the process. That said, formulating consistent tincture from varying blends of trim is a bit of a culinary art form. There are some herbalists who blend in specific herbs in addition to target a patients issues more effectively.

Demand for tincture surges anywhere it is introduced and patients have no problem paying a fair price for it. In Montana, expect to pay approximately \$25 for quality tincture, be it an alcohol or glycerin tincture.

Enterprising growers and cooperatives looking to build value in the emerging cannabis industry should hire or acquire the ability to make and test singlestrain tinctures, special

blends, and ointments. You'll add value to your enterprise and your clients will be thrilled to have an alternate treatment option.

Although a majority of Montanans now support a patent's right to choose cannabis, most still see medical cannabis as an alternative medicine for alternative people. This cultural separation is reinforced by the mainstream media, as well as religious zealots, and fear mongering puritans. Over time, medical cannabis will become more accepted as people learn and are educated about medical cannabis. With all of the science coming forward, the efficacy of medical cannabis is being established as a safe, non-toxic alternative to traditional medicine. Cannabis remains a non-toxic herb that most folks could never imagine using on themselves,

unless maybe they were dying. It is not that way. Cannabis works at the nerve level, on the glial cells. This amazing process conducted throughout the endocannabinoid system found in all of us is a testimony to the fact that our bodies were made to receive cannabinoids. Cannabinoids found in medical cannabis are good for us, and they help and repair the human body and condition on so many levels.

Tincture breaks through that social stigma and cultural mythology, in addition to just being GOOD medicine. There's no smoke, no laced foods or paraphernalia, just a fiery (or sweet)

green extract in a tinted bottle that looks like it belongs in every medicine cabinet.

Tinctures connect us with our pharmacological past utilizing ancient potions, forgotten remedies, and miraculous elixirs. In doing so, they move us from this future back to a time when personal responsibility was expected, and choosing one's own medicine was allowed.



Donald Deyo Photographer at Large (406) 422-4793 donald\_deyo@imap.cc discreet & confidential



## How to Choose the Caregiver that is right for you

daunting experience. When you first walk Cannabis is most typically smoked in a pipe medicine are available to you to treat into a caregiver's location, the experience is or a joint. Some people prefer to use a bong whatever symptom may ail you. Different surreal for many. It is easy to get distracted to smoke their cannabis. A bong is a pipe caregivers are good at different things. It and forget to ask questions.

Here are some things to consider when smoke before it is inhaled. selecting a caregiver to suit your medical cannabis medication needs:

How do you intend to treat your condition?

Will you smoke or vaporize?

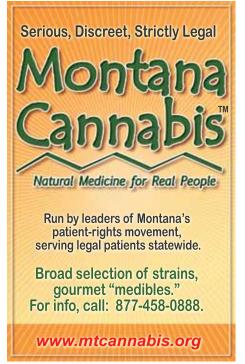
Do you have any desire to smoke?

Have you considered edibles? Tinctures? low-income plan?

SO many questions! What is a patient to do?

method you think may be more effective for some only with bud, and some with both.

The most immediate form of relief with medical cannabis is smoking or vaporizing. THC is immediately taken into the blood stream and effects are felt within minutes, if not simply a few seconds. These methods are a more "measured" way of dosing with medical cannabis as effects are felt almost immediately and the patient can simply wait a minute or so to see how the relief is and gauge upon how they feel if they should smoke or vaporize any more.



with water in it, and the water cools the is important to make a list of things you

smoking medical cannabis you may want to went in for my certification appointment I consider trying a vaporizer. A vaporizer is a thought I had a good idea of how I wanted unit designed to heat and vaporize only the to treat myself. After I started seeking a THC from the plant matter. What you are caregiver - I learned a LOT more! actually inhaling is not plant matter smoke, Is cost a factor? Does the caregiver have a but a vapor of THC that delivers immediate relief.

Many "Cannaseurs" like to both vaporize AND smoke their cannabis as vaporizing your certifying physician. Take notes prior to First - sort out in your mind which allows for the full flavor of the THC to be appointment, and check off questions as they enjoyed, and the plant matter has another are answered. What meds can I eliminate you. Some patients treat only with edibles, taste entirely with some strains. There are with Canna medicine? What meds should actually cannabinoids deep within the plant I keep no matter what? INCORPORATE matter that are extracted only by smoking. canna medicine into your health care. Even I had been told about "vape weed" when if your regular attending physician did not I first learned about vaporizing. Vape sign your recommendation, tell them you Weed is the remains of the plant matter are practicing canna medicine and you post-vaporization. Some patients save this wish to incorporate it into your healthcare. "vape weed" for times when they are really Educate your health care personnel. suffering or not sleeping, and they smoke it in a pipe. By smoking it in the pipe with find the one who is right for YOU. How the hotter flame and heat it releases the many patients do they currently serve? Is deeper cannabinoids in the plant matter and there enough medication for everyone all the patient finds a deeper pain relief. Vape the time? Do you grow all of your own Smoking is the most common method Weed is very effective for insomnia in some medication? Do you provide edibles? folk. It can also be used for cooking.

Edibles! The wonderful world of edibles! Please be sure to read this issues story on "Good Medicine" for more information on edibles.

It is important to know and understand



Choosing a caregiver can be a very associated with the use of cannabis, what products and methods of canna require - or think you may require, and If you are completely against the idea of discuss them with your physician. When I

Key points to note here are:

Learn about Canna Medicine and how you wish to treat yourself.

Do not be afraid to ask questions. Ask first

Ask questions of potential caregivers to Tinctures? Ask what products and strain varieties they have. Ask if they are in perpetual harvest with their garden.

Not all of these questions may be of utmost importance to all patients, but simply a list and guideline of the questions patients may want to ask. Please keep in mind here - each of us have different needs and what works for one may not work for another. The positive thing about Canna Medicine is, you can never kill yourself or overdose when medicating with medical cannabis. The only downside I have found myself is in the initial beginning of treatment, figuring out dosages. I have never hurt myself or anyone else, but I have had to go to bed to sleep it off. That was in the beginning. Now, I have a very good understanding of my canna medicine treatments, and between my caregiver and I, my health concerns are being met at and above my expectations. I can function daily and be part of life. These days, thanks to Canna Medicine, life is GOOD!

## **Patient Story**

### Paul and Nathan Schmidt

#### Father and Son **Patients and Caregivers**

In April of 2008 my son was diagnosed with multiple disc issues in his back. The extreme pain this caused started him on a path of injections and more and more pain medication and eventually led to him not being able to work and then to him withdrawing from school. Nate had been studying mechanical engineering with a 4.0 grade average. I was as a father extremely frustrated, sad and frankly scared to death for my son as I could tell the pain medicine was slowly killing him.

to talk radio about medical marijuana. I came home and Nathan an I researched whether or not Montana had a Medical Marijuana program. We found that it did and we began our quest to get Nathan a card and we also started testing to see if marijuana would help Nathan. We had to go to three doctors and no one would sign for Nathan mostly out of fear of being "one of those hit 14 patients we found a building and began doctors" even though they thought it would be growing and providing medicine to his patients. beneficial to Nathan.

us Dr. Christiansen's information. We called to work without taking vicodin every single

and he was booked out for months. I explained an appointment in about a month. Nathan got control my pain in a natural way. his card which back then took about

a caregiver and were amazed at the black market 370 plus patients sell more than just medicine. feel it had. We had to meet in parking lots and take what he had regardless of medical condition with no regard to his specific condition. We were our own soil and we use NO SYNTHETICS. shocked at the lack of professionalism of the It is our responsibility to give our patients the caregivers we met and frankly the quality was not that good.

appointment he stopped taking all of his pain get the best possible medicine. medication and begin using only cannabis for his symptoms. To our complete surprise medical marijuana was exactly what he needed. He began to feel better in very short order and day off) and are much happier not working for While driving home from work I was listening was clear headed and once again functional.

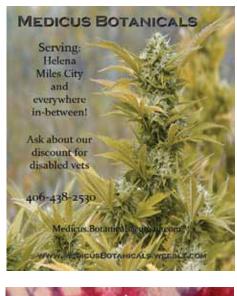
Since I was the only source of income at that time and the marijuana was expensive Nathan began growing once he received his card. Shortly after that we knew Nathan had found not only an interesting hobby but it turned out to be a calling for both Nathan and myself. Nathan began taking patients at our house and when we

I had been taking pain meds for severe pain Finally a local pain management doctor gave from epididymitis for four years. I was unable

Nathan's problem his escalating need for more day. Nathan convinced me to get my card and I and more pain medicationand they got Nathan too was able to free myself of the narcotics and

Shortly afterward I left my job and we threw 10 weeks to get. We then began to search for ourselves into our new calling. Today we have We have tinctures, salves, candy, cookies and much more. We grow 100% organic, we amend purest medicinal quality cannabis as possible. We also test all medicine in any form with While we were waiting for Nathan's Montana Botanical Analysis to insure patients

> Not only to we feel better than ever but we help our fellow man to feel better too! We work seven days a week (since the plants don't take a some else!







## Leading versus Chasing

#### By Kate Cholewa

Michael Geci the other day. times I've seen him. Dr. Geci is an ER doctor who practices cannabis medicine in I've seen the guy work a room. Montana and owns Montana Botanical Analysis, a cannabis talking to Rob Kampia, Director on the planet to show up with a reasons to resist. testing lab. He'd been at that of the Marijuana Policy Project, cannabinoid system. We share fancy New York conference, and making the point that there 80% of our genes with sea squirts medicine says to the medical The Marijuana which focused on business and medication that isn't tested and recognized since Darwin's days you think you know about investment opportunities in the labeled. The testing and labeling, as humans' closest invertebrate biochemistry and factor in a medical marijuana industry.

Cannabis.

Wall Street, 20% sketchheads hits before bedtime, for example science is wide open and we need appetite, pain, inflammation, (his word), which leaves the - doctors won't accept, adopt, or the tools to conduct it. remaining 20% of the crowd support it. cannabis business operators and players. Geci says he was the only guy there with a cannabis supporting testing lab and the business cards But gaining the approval of the relief, we need to know that it's not were flying. Steve D'Angelo of western medical establishment is because of a failure in production Harborside fame was there with not one of them.

his signature braids, chapeau, and for that. It's new science. Who not design the cannabis industry's uniquely placed tie knot. He's a knows what we'll find as the infrastructure around the attempt Had a conversation with Dr. man of darting eves, at least the secrets of cannabinoids and the to meet the values (pander to the

Conference, is no other product offered as a who just happen to have been establishment: Take everything in turn, he was saying, allows relative. Wall Street, I'd like you to meet for dosing. He told Kampia that doctors are used to dosing. If you Geci said it was about 60% can't measure and dose - two receptors or sea squirts, the a role in learning, memory,

In other words, validate it.

Cannabis testing is important active ingredients.

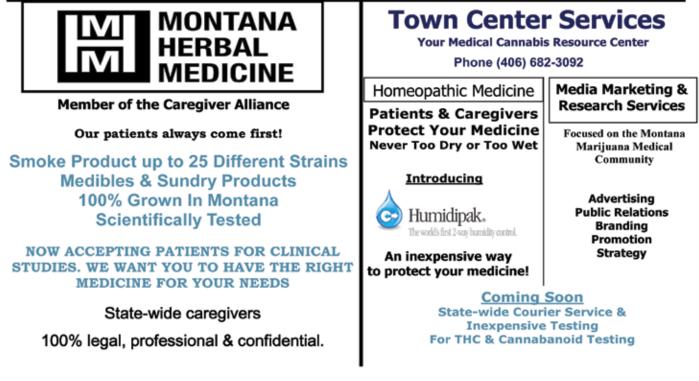
quantitative research and I'm all Let's generate quality! But let's cannabinoid system are revealed? values?) of the establishment of I can imagine Dr. Geci there. It seems as though at some western medicine. There's no point, our studies will involve guarantee it would lead to their So Dr. Geci tells me that he was the sea squirt, the first little guy seal of approval. They have their

manufactured cannabis products few. What you think you know cannabis testing. tincture fails to offer a patient systems might not be quite right, that resulted in a product bereft of

if we're going to do any sort of So, go testing! Let's learn!

Here's what cannabis newly discovered system of Coincidence? I don't think so. the body on which there's little So whether its cannabinoid information despite that it has nueroprotection, vision, and Cannabis testing's role in reproduction, to name but a I have my own reasons for is obvious, too. If a balm or about these bodily functions and

See LEADING on pg. 30



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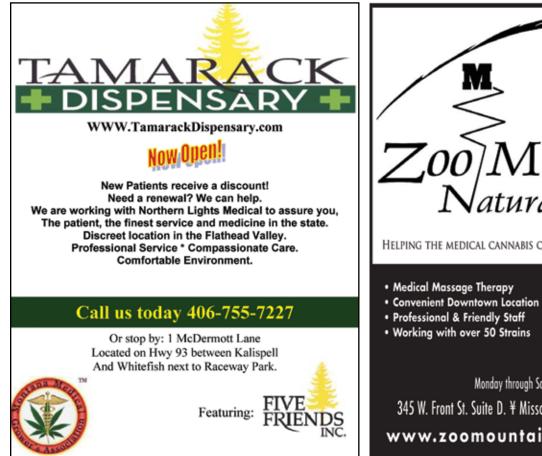
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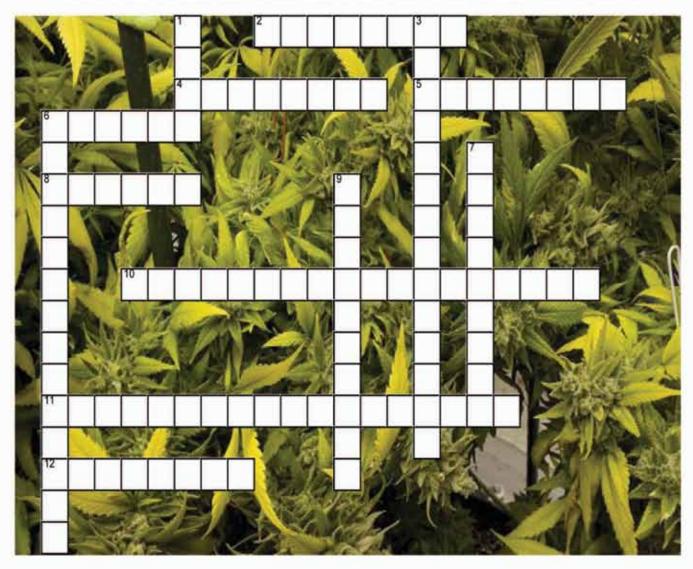
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### Montana Connect Crossword



#### Across

- 2. Who is the ONLY Butte Caregiver advertised?
- 4. Who wrote the column on Growroom Safety?
- 5. What month marks the one year anniversary of the Montana Medical Grower's Association?
- 6. What Montana city do our Featured Caregivers live in?
- 8. Who is the author of the Patients Out of Time story?
- What is the scientific name of the Hemp Russet Mite?
- 11. Who sells Humidipaks?
- 12. On the cover, we are \_\_\_\_\_!

#### Down

- What is the abbreviation for the trade association for medical cannabis growers in Montana?
- 3. What lab is advertised in this issue?
- 6. What is the Cannabis Gardener's WORST nightmare?
- 7. Whose phone number is 406.207.2720?
- 9. Who is the Photographer at Large?

#### Answers for Aug 2010 Montana Connect Crossword puzzle - pg 28

#### Across

5. info@mtconnectmagazine.com
 8. Montana Connect
 9. October
 10. Ed Docter
 13. Doug Chayette
 14. Billings
 17. opioid painkillers
 18. Your caregiver
 20. Sleeping Giant Caregiver
 21. Cannabutter
 22. www.cultureandcannabiscom

#### Down

- Montana Advanced Caregivers
  JimmyOne
  Robin Prosser
  HotBoxPodcast
  A Kinder Caregiver
  Scott Day
  My Medicine
  Ruderalis
  Lindsey
- 16. Facebook
- 19. Vote

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#### Leading Continued from Page 26

and may be quite wrong, if you're failing to integrate knowledge of the cannabinoid system into your analysis.

No one likes having their intellectual apple cart upset, particularly when it can undermine one's sense of authority or challenge one's previous work. So, if doctors practicing cannabis medicine want to take that on and bring the medical establishment on board, that's their business.

But I say, let them come to us. Patient demand is what will bring doctors on-board, one by one. Those doctors who come tend to be a combination of; disenchanted with the system in which they've been trained to function; fascinated by the new field in science; excited by the medicinal potential of the plant; and greeted by plenty of demand in a cash-only business.

Suh-sweet.

Isn't it what we all want – to be freed from screwed up systems and engaged in something exciting, worthwhile, mentally stimulating, and getting a check along the way for the fine job that we're doing?

The medical establishment doesn't need to be chased. It'll come.

Or, it won't.

If it doesn't, the practice of cannabis medicine will develop outside the sanction of the western medical establishment. Big deal. There have always been those doctors who come to embrace alternative medicine and therapies. Likewise, there will be those who study and embrace cannabis medicine.

And they'll be the ones who get the money. Though it's not the same, I suppose, as getting validated by the institution that spawned you. Maybe getting cannabis acknowledged by the medical establishment isn't about cannabis getting validated, I suggested to Dr. Michael Geci, but about cannabis doctors wanting validation from their colleagues.

Geci countered that the adoption of cannabis by the medical establishment would placate fears about it. Granted. Medical sanctioning, he said, would accelerate its mainstreaming. I agree.

But do we want to bring the mainstream along, educate them, or be shaped and warped by the myths it's been indoctrinated with? Without the sanction of western medicine, the medicinal use of cannabis will still become mainstreamed. It'll just happen through different channels and perhaps more slowly. It's already happening. Those doctors willing step away from the pack and lead are, and will be, beneficiaries under either scenario, whether the western medical establishment comes aboard or not.

Institutions, the establishment, and the mainstream never get convinced to adopt an innovation. Data be damned. That's not how change happens. Innovation leads. The institutions catch up. The way to lead is to leave a provocative and informative trail for others to follow and be a model of service and excellence.

Do that and who could resist?

~Kate Cholewa worked as lobbyist and policy wonk for twenty years. She tried to get out. The medical cannabis issue drew her back in. She's served as a commentator for MT Public Radio and has spent the past year writing and politicking about the cannabis issue in three states. She blogs at cannabisandculture.com.





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